# **Activity Report 3**

From December 2 to December 15, 2024, one project member (an expert) traveled to Malawi to visit central and local governments and target Community-Based Childcare Centers (CBCC). During the visit, we introduced new activities, reviewed daily activities, and conducted regular monitoring.

#### 1. Introduction of Health Checkups

Once a month, height and weight measurements were taken, and once per term, head circumference, chest circumference, and mid-upper arm circumference (MUAC) were measured. These measurements were recorded and reviewed to monitor the children's health status.



Height



Weight



Head circumference



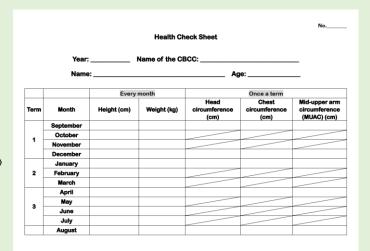
Chest circumference



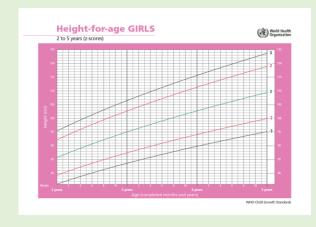
**MUAC** 

# Recording the health status of all individuals Continuous individual health status records

	Name of the CBCC:							
Recorder: Measured date:								
Whe	n do you measure?	Every	Every	Once a term	Once a term	Once a term		
No	Name	Height (cm)	Weight (kg)	Head circumference (cm)	Chest circumference (cm)	Mid-upper arm circumferenc (MUAC) (cm)		
e.g.	Chiponde Arthur	92 cm	12 kg	50 cm	40 cm	30 cm		
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## Health status check



## 2. Monitoring of CBCC

Child protection workers conduct monthly monitoring of CBCCs. We ensured that the monitoring was being conducted regularly and properly. Additionally, we updated the monitoring sheets to improve their quality.

Monitoring sheet

			MONIT	ORIN	G SHE	ET				
Λis	ited date:	Nam	ne of CPW	_						
N	ame of the CBCC									
Al	DC	VDC	OC VI			Village		Meeting place		
Sta	п									
Ξ						Fe	male	Mal	e	
N	umber of caregivers									
N	umber of child minde	ers and helpers								
N	umber of community	management co	mmittee m	ember	s					
١u	mber of children									
		Female	Male		Total					
B	elow 2 years old									
3	years old									
4	years old									
5	years old									
<b>Ac</b>	tivity									
Ħ	Question				Answe	ir				
1	Have you had management come				No	/ Yes	tir	nes		
2	Have you made a	daily activity plan	this month	1?	Never	/ Rarely	/ Sometim	ies /Often	/ Always	
3	Have you reflected this month?	Have you reflected and revised a daily activity plan this month?			Never / Rarely / Sometimes / Often / Always					
3	Have you measure	d children's heig	ht and wei	ght?	No	/ Yes				
M	at challenges have	you faced?								
	at have you discu- challenges?	ssed with careg	ivers or c	ommu	nity ma	nagemer	it committee	e members	this abou	
	w have you solved	the challenges?								
10	w nave you solved	ure chanenges?		_						

## 3. Documentation of Daily Activities

We had the daily activities documented and reviewed to ensure that activities promoting physical development, cognitive development, and emotional development were being conducted in a balanced manner.

Record of a daily activity

Na	me of the CBCC :			
Made date:Implemented date:				
Time	Activity	Acquired skills		

#### 4. Enhancing Support for Local Residents

We conducted discussions with local residents of the project's target facilities. Additionally, we monitored the activities of the children.

# Overview of Activities at Each Facility Facility A

The caregivers consistently plan and implement activities. They operate with a structured timetable akin to that of elementary schools, ensuring comprehensive educational instruction.



Children playing freely during break time



Discussions with community members

#### Facility B

B facility, which started in 2021, operates in a building constructed by the community. The village chief has generously donated land for future construction of a CBCC by the community. We look forward to monitoring progress in the coming months.



Entrance of the facility



Free play



Planned site for new facility

# Facility C

A facility where caregivers continue activities independently. The community is active and supports caregivers' activities and facility operations.



Facility



Discussion with the community



Under construction next to the CBCC Clinic for children under 5 years old



Description of activities



Preparation of porridge



Planned site for elementary school

#### Facility D

Five caregivers rotate in conducting activities. With support from NGOs, the facilities and teaching materials are well-equipped. Currently, with minimal NGO support, the community continues to sustain caregiver activities while providing support.



Starting activities: Learning about dates



Currently studying shapes

## Facility E

Similarly to facility D, five caregivers rotate in conducting activities. With support from NGOs, the facilities and teaching materials are well-equipped. The caregivers are very dedicated to their activities, and they conduct activities segmented by age groups of 3 to 5-year-olds.



Activities of 5-year-olds



Activities of 4-year-olds



Activities of 3-year-olds



Meeting with the community